

963 Friends Lake Road
Chestertown, NY 12817

(518) 494-4751

e-mail friends@friendslake

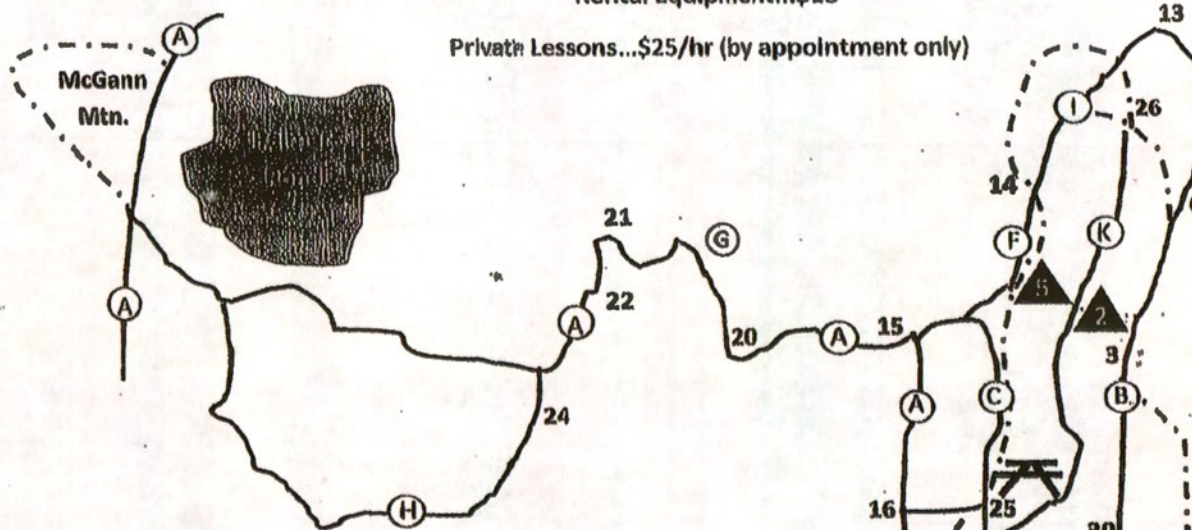
www.friendslake.com

Trail Map

Trail Fees...\$12

Rental Equipment...\$15

Private Lessons...\$25/hr (by appointment only)

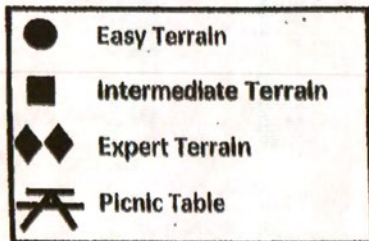


Cross Country Trails

- A Palmer Pond ■
- B Claire E. Lane ■
- C Hemlock Hall ●
- D Petite Way ■
- E Syrah Way ■
- F Cardiac Hill ◆◆
- G Old Meadows ■
- H Palmer Pond Loop ■
- I Oakville Pass ■
- J Carriage Trail ■
- K Murphy's Romance ◆

Snowshoe Trails

- ▲ 1 Palmer Pond Parallel
- ▲ 2 Atateka Mountain
- ▲ 3 Jake's Glove
- ▲ 4 Jack Rabbit
- ▲ 5 Steep & Deep



X Trail Head

NORDIC SKI CENTER

- Cross Country Ski (groomed)
- Snowshoe (ungroomed)